

Appendix: Types and Specifications of Guard Instruments Equipped in Prisons

Types of guard instruments	Specifications	Functions
leg shackles	Made of metals, plastic, or other appropriate materials and the weight limit shall be 2 kilograms. If necessary, the limit may be increased to 3 kilograms. The weight limit of shackles for juvenile prisoners shall be 1 kilogram and may be increased to 2 kilograms if necessary.	Used to restrain prisoners' ankles to constrain their activities.
handcuffs	Made of metals, plastic, or other appropriate materials and the weight limit shall be 0.5 kilogram.	Used to restrain prisoners' wrists or to tie their wrists to suitable fixtures to constrain their activities.
chains	Made of metals, plastic, or other appropriate materials and the weight limit shall be 2 kilograms. If necessary, the limit may be increased to 3 kilograms. The weight limit of chains for juvenile prisoners shall be 1 kilogram and may be increased to 2 kilograms if necessary.	Used to lock around prisoners' waists or to link their waists to each other or to other suitable fixtures to constrain prisoners' activities.
ropes	Made of plastic, or other appropriate materials.	Used to restrain prisoners' wrists or ankles to constrain their activities.
other guard instruments approved by the Ministry of Justice	Aside from leg shackles, handcuffs, chains and ropes, the types and approval procedures for gears used to restrain the prisoners' activities shall be established by the Ministry of Justice.	